





# DAY 1

**Read:**  
**Ephesians 3:16-17**

I ask God from the wealth of his glory to give you power through his Spirit to be strong in your inner selves, and I pray that Christ will make his home in your hearts through faith. I pray that you may have your roots and foundation in love.

**Pray today:**

Pray that God, through the power of the Holy Spirit, will give you the strength you need to trust Him during this difficult season. Ask Him to increase your faith in Him in order to minister to others around you. During this season look for ways to love others deeply as they struggle to make sense of this unusual event in their lives.

**Pray for others:**

Pray for our first responders.  
Pray for families that are separated (physically and relationally).



# DAY 2

**Read:**  
**I Peter 5:7**

Cast all your anxiety upon Him because He cares for you.

**Pray today:**

Pray for the peace and hope that God, through the Holy Spirit, offers. Ask God what worries or thoughts that have taken your mind captive. Choose to let go of these burdens and trust Him in all things. Allow His promise to dwell in your heart and mind today as you accept the care He offers.

**Pray for others:**

Pray for those who are held captive by their addictions.  
Pray for those who are your physical neighbors.



# DAY 3

**Read:**  
**Romans 15:13**

May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the Holy Spirit.

**Pray today:**

Pray for hope in areas that feel hopeless. Pray for your foundation to be firmly set upon God today. Allow His Spirit to fill you with joy, peace and hope that surpasses understanding. Thank Him for how you have seen Him show up in your life during this difficult season.

**Pray for others:**

Pray for those who are separated from Christ and ask that the Holy Spirit would draw them near to God. Pray for those in our community that are fighting against depression and anxiety.



# DAY 4

**Read:**  
**2 Corinth. 10:4-5**

The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive to every thought to make it obedient to Christ.

**Pray today:**

Confess areas where you may be using “weapons of the world.” Mentally lay those things before God’s feet. Ask Him to fill you with His Spirit and grant Him access to your thought life to allow you to take thoughts captive and choose obedience to Him.

**Pray for others:**

Pray for the leaders of our country, state and county by name. Pray for children who are separated from their parents.



# DAY 5

**Read:**  
**Romans 8:37-39**

No, in all these things we are more than conquerors through Him who loved us. For I am convinced that neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

**Pray today:**

Meditate on the scripture. Thank God that nothing can separate you from His love. Pray for confidence in Him and His promises. Tell Him where you have been worried or concerned during this pandemic and ask Him to lead you to truth and trust.

**Pray for others:**

Pray for those without homes in our community. Pray for the doctors, nurses, paramedics, and health care workers on the frontlines.



# DAY 6

**Read:**  
**I Peter 5:8-9**

Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.

**Pray today:**

Ask God to reveal to you the things that distract you from Him. Tell Him you desire to be alert, sober minded, and will turn from the things that keep you from Him. Thank God for allowing you to have a firm foundation in Him, and listen to how He is leading you today.

**Pray for others:**

Pray for our world population who is enduring a global pandemic. Pray for those in our world who have not yet heard the gospel and that they might hear of God's good news.



# DAY 7

**Read:**  
**Acts 1:7-8**

He said to them: 'It is not for you to know the times or dates the Father has set by His own authority. But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.

**Pray today:**

Recognize that all timing and authority is in God's hands and commit to trust Him. Ask the Holy Spirit to fill you with the power and ability to fulfill your God-given purpose and destiny no matter what uncertainty or circumstance you face.

**Pray for others:**

Pray for parents of special needs children.  
Pray for those in assisted living.



# DAY 8

**Read:**  
**Psalm 103:8-14**

The Lord is compassionate and merciful, slow to get angry and filled with unfailing love. He will not constantly accuse us, nor remain angry forever. He does not punish us for all our sins; he does not deal harshly with us, as we deserve. For his unfailing love toward those who fear him is as great as the height of the heavens above the earth.

He has removed our sins as far from us as the east is from the west. The Lord is like a father to his children, tender and compassionate to those who fear him. For he knows how weak we are; he remembers we are only dust.

**Pray today:**

Pray that God, through the power of the Holy Spirit, will give you gentle reminders to speak and act with mercy and unfailing love towards those in your household. Ask him to strengthen your relationship with your children even as tensions may be high during this season. Look for ways to offer them tenderness and compassion in the midst of this season.

**Pray for others:**

Pray for your own children or the children in your life. Pray for single parents, grandparents raising grandchildren, and siblings serving as guardians.



# DAY 9

**Read:**  
**I Peter 1:3-7**

In God's great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that can never perish, spoil or fade. This inheritance is kept in heaven for you, who through faith are shielded by God's power until the coming of the salvation that is ready to be revealed in the last time. In all this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials. These have come so that the proven genuineness of your faith—of greater worth than gold, which perishes even though refined by fire—may result in praise, glory and honor when Jesus Christ is revealed.

**Pray today:**

Pray that God, through the power of the Holy Spirit, will give you gentle reminders to speak and act with mercy and unfailing love towards those in your household. Ask him to strengthen your relationship with your children even as tensions may be high during this season. Look for ways to offer them tenderness and compassion in the midst of this season.

**Pray for others:**

Pray for those who are lonely during this time.  
Pray for people who are struggling with loss (loss of loved one, loss of livelihood, etc.)



# DAY 10

**Read:**  
**Ephesians 5:13-16**

But when anything is exposed by the light, it becomes visible, for anything that becomes visible is light. Therefore it says, 'Awake, O sleeper, and arise from the dead, and Christ will shine on you. Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil.

**Pray today:**

Pray that God, through the power of the Holy Spirit, will allow you to see His good light in the situations you face today. Ask God the Father to awaken your heart and mind and give you creativity and passion to walk in a new way today. Pray God's will to be done in you, so that you can go out and impact others in a meaningful way.

**Pray for others:**

Pray for our teachers.  
Pray for our pastors.  
Pray for people living alone during this time of social distancing.



# DAY 11

**Read:**  
**Galatians 3:26-28**

So in Christ Jesus you are all children of God through faith, for all of you who were baptized into Christ have clothed yourselves with Christ. There is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus.

**Pray today:**

Thank God for giving you an identity that COVID-19 cannot strip away. Pray for God to instill in you His identity. Thank God that you are a child of God. Take time to listen to what God is calling you to do today.

**Pray for others:**

Pray for those around you who are struggling to know who they most deeply are.  
Pray for the courage to encourage these people to know their true identities in Jesus.



# DAY 12

**Read:**  
**Romans 8:25-27**

But if we hope for what we do not yet have, we wait for it patiently. In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God’s people in accordance with the will of God.

**Pray today:**

Pray that God will bring His healing to this world and in your own life swiftly. Thank God for knowing the desires of your heart and helping you in your weakness. Express to God how you feel today: both your joys and fears. Even when you have no words, the Holy Spirit understands. Thank God that one day He will make all things new, but in your anticipation, ask the Holy Spirit for His strength for today.

**Pray for others:**

Pray for the safety and wisdom of medical workers and first responders.  
Pray that God would work mightily through your life to bring hope and peace to you, your family and community.



# DAY 13

**Read:**  
**2 Corinth. 4:2**

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.

**Pray today:**

Pray that God, through the power of the Holy Spirit, will do what He promises to do - grant freedom. Pray that God's Spirit will release you from any bondage afflicting you, and that His Spirit will lead you to His good work. Thank Him for not just being sovereign but for being close to us.

**Pray for others:**

Pray for those who feel trapped in this season.  
Pray for those who feel they lack purpose in this season.



# DAY 14

**Read:**  
**Psalm 91:1-2**

Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, 'He is my refuge and my fortress, my God, in whom I trust.

**Pray today:**

Lord Jesus, may I make my dwelling in your shelter by seeking you first throughout my day and even into the night. Let me rest in your shadow knowing there is no place more safe for me. When I am challenged to fear, remind me that trusting you is the gateway to peace and abiding.

**Pray for others:**

Pray for those who have lost their source of income. Pray for those who are experiencing loss of dreams and hopes for the future.



# DAY 15

**Read:**  
**Romans 8:37**

In all these things, we are more than conquerors through Him who loved us.

**Pray today:**

Focus on how God’s love allows us to overcome the world. Spend time praising who He is and thanking Him for all He has done in your life. Reflect on His faithfulness and goodness. Ask Him for strength to conquer the battles you are fighting.

**Pray for others:**

Pray for those working in supermarkets and essential service industries. Pray for postal workers and government service workers.



# DAY 16

**Read:**  
**Romans 8:37**

If we live by the Spirit, let us also walk by the Spirit.

**Pray today:**

Pray the Holy Spirit will fill your life in every area. Ask the Spirit to give you wisdom and discernment to see what God would have you do during this season. Let the Spirit guide your conversations so that others would see Christ in your life.

**Pray for others:**

Pray for our DHS workers, CASA volunteers, and those who advocate for children. Pray for our fire departments.



# DAY 17

**Read:**  
I Corinth. 6:17

But the one who joins himself to the Lord is one spirit with Him.

**Pray today:**

Pray that God would use the Holy Spirit to examine your life to see if there are thoughts or actions keeping you from a close relationship with God. Pray for discernment on ways you can draw closer to God.

**Pray for others:**

Pray for our churches and Christian organizations that are trying to show God's love to the world during this difficult season. Pray for the expectant moms in this season having to navigate pregnancy during a pandemic.



# DAY 18

**Read:**  
**Romans 8:1**

Therefore, there is now no condemnation for those who are in Christ Jesus.

**Pray today:**

Pray that you would totally experience God’s forgiveness. Realize Satan will lie about past experiences to affect your relationship with God. Allow God’s love and power to change habits that are keeping you from God and others.

**Pray for others:**

Pray for family, friends and those God has placed in your life. Pray for the people who have lost loved ones due to COVID-19 complications.



# DAY 19

**Read:**  
**Romans 8:5**

For those who are according to the flesh set their minds on the things of the flesh, but those who are according to the Spirit, set their minds on the things of the Spirit.

**Pray today:**

Pray for God to show you where He is moving in your life. Focus on those areas God is using during this time to grow your faith. Pray for strength and courage to totally follow God.

**Pray for others:**

Pray for extended family members and friends from your past. Pray for a COVID-19 vaccine.



# DAY 20

**Read:**  
**Romans 8:14**

For all of those who are led by the Spirit of God are the children of God.

**Pray today:**

That God would help you realize how much He loves you. Ask Him to use the Holy Spirit, that lives inside you, to lead you in sharing His love and mercy with those around you.

**Pray for others:**

Pray for those working to make sure we have items we need during this difficult season. Pray for those who have tested positive for the COVID-19 virus.



# DAY 21

**Read:**  
**Phillipians 4:6-7**

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

**Pray today:**

Share with God your thoughts and concerns. Thank Him for what He is doing in and through you. Present your requests to Him with a thankful and open heart.

**Pray for others:**

Pray for essential service workers including UPS and Amazon workers. Pray for mental health providers.



